

Pasta Montana LLC

Report Date: April 2, 2014

One Pasta Place
 Great Falls, MT 59401

ANALYTICAL REPORT

Sample ID : 02.04.2014

Matrix: ENRICHED SPINACH PASTA

Date Received: March 13, 2014

Lab ID #: AB68161

Nutrient	UOM	per 100 g
Calories (Kcal)	Kcal	360
Calories from fat		17
Total Fat (by GC)	g	1.87
Monounsaturated Fat	g	0.26
Polyunsaturated Fat	g	1.04
Saturated Fat	g	0.49
Trans Fat	g	0.00
Cholesterol	mg	< 2.0
Sodium	mg	54
Carbohydrates	g	72.5
Total Dietary Fiber (TDF)	g	4.4
Total Sugar	g	1.7
Fructose	g	< 0.5
Glucose	g	< 0.5
Lactose	g	< 0.5
Maltose	g	1.7
Sucrose	g	< 0.5
Protein (Combustion)	g	13.1
Vitamin A (Retinol + Carotene)	IU	102
Vitamin C	mg	< 0.5
Calcium	mg	33
Iron	mg	3.05
Moisture	g	11.3
Ash, Muffle Furnace	g	1.15

Nutrition Facts	
Serving Size (56g)	
Servings Per Container	
Amount Per Serving	
Calories 200	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 41g	14%
Dietary Fiber 2g	10%
Sugars 1g	
Protein 7g	
Vitamin A 2%	• Vitamin C 0%
Calcium 2%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	